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WHAT'S NEW?

Education Minnesota Emerging Leaders Program

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In the summer of 2018, I had the pleasure of attending the Emerging Leaders Program at the College of St. Benedict in Saint Joseph, MN. Heading into the training, I wasn't sure what to expect. I went without knowing anyone but left with lifelong connections. The training is valuable for anyone wanting to be an active member of Education Minnesota in any capacity.


The three-day training covered a wide range of leadership topics. One of these topics was the history of the teacher's union in Minnesota. Learning about the roots of the union, the benefits we have because of it, and where the union is headed set up the foundation of the training. Other topics included understanding personality types, leadership opportunities, embracing diversity, managing conflict, and understanding past and present issues. The field staff kept the training interesting and engaging.

Participants of the Emerging Leaders Program stayed on the campus in the dorm rooms. The rooms were spacious,

the beds comfortable, and the variety of food was tasty! My best takeaway from the training was the relationships I built with field staff and fellow union members. Many of these relationships remain strong today. I learned as much from them as I did in the training. Networking with them while learning about their local unions was enlightening. Anyone considering the Emerging Leaders Program should not hesitate. The training deepened my understanding of the union and enhanced my leadership capabilities. I highly recommend Education Minnesota's Emerging Leaders Program.

2020 Emerging Leaders Program dates are June 16, 17, and 18 at the College of St. Benedict's in St. Joseph, MN. The deadline to register is May 4, 2020. You can register at: <https://www.educationminnesota.org/advocacy/Union-U/emerging-leaders-program>.

Win a \$25.00 Gift Card from HVTU!!

For a chance to win, find the school bell  hidden in the newsletter. Send a picture or explain the location of the bell to Curt Rock @ curt.rock@edmn.org. Entries for the drawing must be received by 4:00 p.m., December 13, 2019. A drawing will be held from those who located the bell and submitted an entry.

Cultural Competency Training Opportunity
Education Minnesota
February 14-15
Rochester, MN

Stay tuned to educationminnesota.org for details on registration

HVTU Fall Drive-In: A Great Event for All

By Deanna Capelle, HVTU Secretary/Communications & Newsletter, EM Kingsland

On Wednesday, October 9, about 120 members attended the annual HVTU Fall Drive-In at Dover-Eyota High School. We began our evening with a wonderful dinner catered by Canadian Honker followed by some information from HVTU Vice-President Matthew Wilmes. We were then privileged to have the EdMN treasurer, Rodney Rowe, speak to us about a variety of issues. The keynote speaker was Jim Parry, a teacher who began and continues to lead the REACH program in Stewartville. He received the Education Minnesota Human Rights Award at the 2019 Minnesota Representative Convention for his part in this wonderful program. REACH stands for Relationships, Education, Accountability, Character, and Hard work, and is a kind of trauma-informed training/teaching that is used to help students with many kinds of needs. Some

great quotes from the evening included—"Listen! Don't always try to fix everything." and "Our time is the biggest thing we can give our kids." and "They are all great kids; some just don't know it yet."

We are lucky to have such a dedicated, caring person representing our area and our kids. To find

more information on Jim's program, you can go to: reachstewartville.blogspot.com.

Following this session, members headed off to a variety of seminars including a continuation of REACH with Jim Parry, a reading session, a suicide prevention seminar, managing your money ideas, and staff safety issues. The sessions were informative and well attended. At the close of the evening, we rewarded some of our newer members and then many of us were treated to door prizes which always leads to crossing our fingers and cheering for the winners. We were on the road by 7:30 filled with food, facts, and fun.



New Member Drawing Winners
(left to right)
Laura Pohlman, Caledonia RVEA; Tria Meir, Caledonia ESP; Nicole Wolf, Dover-Eyota EA
Brought a New member
(far right)
Brooke Bordelon, Byron

If you weren't able to attend this great fall drive-in, stay tuned for more information on another terrific gathering similar to this one in the spring.

HVTU Fall Drive In Attendance Incentive Winners

Local with the most members in attendance: Dover-Eyota EA (\$150.00)

Local with highest percentage of members in attendance: Lewiston-Altura EM (\$100.00)

Local with greatest number of new (1-3 year) ESPs: Caledonia ESP (\$75.00)

Local with greatest number of new (1-3 year) Teachers: Byron (\$75.00)

Local with greatest number of Teachers/ESP's with 20+ years of experience: Chatfield EA (\$50.00)



Message from Deanna Capelle, HVTU Secretary/Communications & Newsletter, EM-Kingsland

Hello, my name is Deanna Capelle, and I am lucky enough to be both your HVTU secretary and the newsletter/communications person as well.

My secretarial role in the HVTU is to attend and record the official business of our IO (intermediate organization) meetings, often referred to as Governance Board meetings. We work together with the schools in the HVTU to try to help with the needs of all our members, offer valuable professional development, and serve as a resource between your local and state organizations. The Governance Board welcomes members from all our schools to serve on this committee so that your voices can be heard. If you don't currently

have any members that attend, please contact Curt or Cherie at the Education Minnesota office, or contact an officer about sending a representative. We'd love to have you join us.

Besides being your secretary, I do work with Cherie and Curt on articles and pictures for the newsletter. I also currently teach third grade at Kingsland elementary and have been in Spring Valley/Kingsland my whole career, over 35 years. I have attended both the Minnesota Representative Conventions and the National Representative Assemblies and feel fortunate to have represented HVTU at these events. I've always been involved in my local but over the past ten years I have gotten more involved in levels

beyond that. I've met so many wonderful people and have experienced numerous amazing adventures.

Whatever you do to help your local or IO or state or nation is appreciated. You may not always have time to help with some of the organizations but please keep in mind that voting for pro-education candidates, encouraging your neighbors to vote and support school activities, and continuing to give your students the knowledge and care that you offer daily can make a big impact upon our kids, our communities, and our nation. Thanks for all that you do!

Curt Rock & Cherie Weller
800-642-3250/507-288-5409 📞

2019-2020

HVTU Governance Board

- Joe Cerar, HVTU President (Plainview-Elgin-Millville EM)
- Matthew Wilmes, HVTU Vice President (Lewiston-Altura EM)
- Kiel Koehler, HVTU Treasurer/Co-Negotiations (Houston-RVEA)
- Deanna Capelle, HVTU Secretary /Communications & Newsletter (EM Kingsland)
- Jean Klinski, HVTU Elections/Membership (Caledonia ESP)
- Alicia Katka, HVTU Webmaster (Houston RVEA)
- Justin Blom, HVTU Government Relations Co-Coordinator (Byron)
- Thomas Whalen, HVTU Government Relations Co-Coordinator (Byron)
- Angela Forland, HVTU Professional Issues (EM Kingsland)

HVTU

SPRING PROFESSIONAL CONFERENCE

APRIL 1, 2020

DOVER-EYOTA HIGH SCHOOL

Registration opens in mid-February 2020!

Enjoy a delicious meal, meet with friends & colleagues and earn CEUs!

Open and free to HVTU Members!



EFS Advisors

PERSONAL ADVISOR SERVICES



Navigating Your Financial Future

Diversification, Patience, and Consistency

Three important factors when it comes to your financial life.

Regardless of how the markets may perform, consider making the following part of your investment philosophy:

Diversification. The saying “don’t put all your eggs in one basket” has real value when it comes to investing. In a bear or bull market, certain asset classes may perform better than others. If your assets are mostly held in one kind of investment (say, mostly in mutual funds or mostly in CDs or money market accounts), you could be hit hard by stock market losses, or alternately, lose out on potential gains that other kinds of investments may be experiencing. There is an opportunity cost as well as risk.¹

Asset allocation strategies are used in portfolio management. A financial professional can ask you about your goals, tolerance for risk, and assign percentages of your assets to different classes of investments. This diversification is designed to suit your preferred investment style and your objectives.

Patience. Impatient investors obsess on the day-to-day doings of the stock market. Have you ever heard of “stock picking” or “market timing”? How about “day trading”? These are all attempts to exploit short-term fluctuations in value. These investing methods might seem fun and exciting if you like to micromanage, but they could add stress and anxiety to your life, and they may be a poor alternative to a long-range investment strategy built around your life goals.

Consistency. Most people invest a little at a time, within their budget, and with regularity. They invest \$50 or \$100 or more per month in their 401(k) and similar investments through payroll deduction or automatic withdrawal. They are investing on “autopilot” to help themselves build wealth for retirement and for long-range goals. Investing regularly (and earlier in life) helps you to take advantage of the power of compounding as well.

If you don’t have a long-range investment strategy, talk to a qualified financial professional today.

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Citations.

1 - forbes.com/sites/brettsteenbarger/2019/05/27/why-diversification-works-in-life-and-markets [5/27/19]

*Notice: EFS Advisors is the exclusive provider of the Education Minnesota ESI financial services program.

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